

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2025



					<p>9:00 Daily Stretch & Stroll ¹ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Hand Massage 4:00 Nature Video</p>	<p>9:00 Daily Stretch & Stroll ² 10:00 Vintage TV 2:00 Sip & Relax 4:00 Music/Movie</p>
<p>9:00 Daily Stretch & Stroll ³ 10:00 Vintage TV 2:00 Sip & Relax 4:00 Music/Movie</p>	<p>9:00 Daily Stretch & Stroll ⁴ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Nails 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ⁵ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Finish the Line 4:00 Nature Video</p>	<p>9:00 Daily Stretch & Stroll ⁶ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Pet Visit-Buddy 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ⁷ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Arts & Crafts 4:00 1 to 1 Vists</p>	<p>9:00 Daily Stretch & Stroll ⁸ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Hand Massage 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ⁹ 10:00 Vintage TV 2:00 Sip & Relax 4:00 Music/Movie</p>
<p>9:00 Daily Stretch & Stroll ¹⁰ 10:00 Vintage TV 2:00 Sip and Relax 4:00 Music/Movie</p>	<p>9:00 Daily Stretch & Stroll ¹¹ 10:00 Vintage TV 2:00 Sip and Relax 3:00 Nails 4:00 Nature Video</p>	<p>9:00 Daily Stretch & Stroll ¹² 10:00 Vintage TV 2:00 Sip & Relax 3:00 Word Game 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ¹³ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Bingo w/Bill 4:00 Nature Video</p>	<p>9:00 Daily Stretch & Stroll ¹⁴ 10:00 Vintage TV 11:00 HYMN SING 2:00 Sip & Relax 3:00 Arts & Crafts 4:00 1 to 1 visits</p>	<p>9:00 Daily Stretch & Stroll ¹⁵ 10:00 Vintage TV 2:00 Sip and Relax 3:00 Hand Massage 4:00 Nature Video</p>	<p>9:00 Daily Stretch & Stroll ¹⁶ 10:00 Vintage TV 2:00 Sip & Relax 4:00 Music/Movie</p>
<p>9:00 Daily Stretch & Stroll ¹⁷ 10:00 Vintage TV 2:00 Sip and Relax 4:00 Music/Movie</p>	<p>9:00 Daily Stretch & Stroll ¹⁸ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Nails 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ¹⁹ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Bean Bag Toss 4:00 Nature Video</p>	<p>9:00 Daily Stretch & Stroll ²⁰ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Pet Visit-Buddy 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ²¹ 10:00 Vintage TV 2:00 Sip & Relax 3:00 Arts & Crafts 4:00 1 to 1 visits</p>	<p>9:00 Daily Stretch & Stroll ²² 10:00 Vintage TV 2:00 Sip and Relax 3:00 Hand Massage 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ²³ 10:00 Vintage TV 2:00 Sip & Relax 4:00 Music/Movie</p>
<p>9:00 Daily Stretch & Stroll ²⁴ 10:00 Vintage TV 2:00 Sip and Relax 4:00 Music/Movie</p>	<p>9:00 Daily Stretch & Stroll ²⁵ 10:00 Vintage TV 2:00 Sip and Relax 3:00 Nails 4:00 Nature Video</p>	<p>9:00 Daily Stretch & Stroll ²⁶ 10:00 Vintage TV 2:00 Sip and Relax 3:00 Reminisce 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ²⁷ 10:00 Vintage TV 2:00 Sip and Relax 3:00 Bingo w/Bill 4:00 Nature Video</p>	<p>9:00 Daily Stretch & Stroll ²⁸ 10:00 Vintage TV 2:00 Sip and Relax 3:00 Arts & Crafts 4:00 1 to 1 visits</p>	<p>9:00 Daily Stretch & Stroll ²⁹ 10:00 Vintage TV 2:00 Sip and Relax 3:00 Hand Massage 4:00 Relaxing Music</p>	<p>9:00 Daily Stretch & Stroll ³⁰ 10:00 Vintage TV 2:00 Sip & Relax 4:00 Music/Movie</p>
<p>9:00 Daily Stretch & Stroll ³¹ 10:00 Vintage TV 2:00 Sip & Relax 4:00 Music/Movie</p>	<p style="text-align: center;"> August 2025 Heritage Heights MC August 20th is LUAU DAY! Dress Tropical! </p> 					

All activities in Dining Room, Living Room, Deck unless otherwise indicated. Calendar subject to change.